

Immediate Denture Post-Op Instructions

To insure proper healing and reduce potential problems, we request that you consider the following guidelines. Please feel free to ask any questions you might have regarding your treatment. Do not hesitate to contact the office if we can be of assistance during your recovery period.

1. It is important to realize that some discomfort is normal after this type of dental surgery. This is very difficult to predict but is often proportional to the amount of pain, swelling or infection present with the tooth prior to treatment.
2. It is vital that you complete any drug regimens prescribed by the doctor. Although this process removes infected and structurally unsound teeth, any associated bacteria in the surrounding tissues must be controlled with the use of antibiotics. Anti-inflammatory medications such as ibuprofen work well in conjunction with stronger prescription pain medications in controlling post-op pain.
3. Immediate dentures often feel bulky when placed. This is to allow for post-op swelling that is common. As healing continues, the swelling dissipates and the bone remodels. At various points in the healing process, liners will be placed to improve fit and comfort.
4. You will be asked not remove your denture for 1-2 days *or* until your follow-up appointment. This helps with healing and prevents various post-op complications. Stitches may be placed. If so, they need to be removed in 7 days (unless you are told they will dissolve on their own).
5. A comfortable bite is often very difficult to attain for the first week. We will make every attempt to achieve an acceptable bite but this often takes several adjustments.
6. The first week to 2 weeks after immediate denture placement can be trying. We will do everything in our power to make you as comfortable as possible.